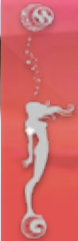


# Le Tao de la Femme Lune®

Allow your feminine  
sexual creative  
energy to  
awaken and blossom!

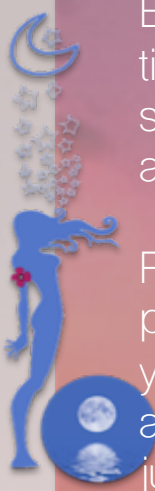


**From 11th to 17th July 2021**

**With Fabienne Flamand**

**Founder of Le Tao de la Femme Lune® Method**

**At Le Domaine  
du Taillé (France)**



# *Le Tao de la Femme Lune* ®

forms a set of deep feminine practices inherited from the extra-ordinary Taoist Internal Alchemy. Based on softness and fluidity, the aim of those very grounding and most of the time dancing and very liberating exercises, is to rebirth women's sensual and sexual Essence as the divine source of their wellbeing: a source of vital force and spiritual enlightenment for women.

Practicing those exercises on a regular basis can give birth to a real Tao, a path, a real way of living femininity. Not only in your own existence but also in your relationships and your profession, your family. It will result in a pacifying and creative lifestyle, a profound reconnection to the refreshing and life-giving juiciness of the Goddess in You!

*« Our primordial sensual and sexual Essence can become and infinite source of light and guide us safely on our way to transformation »*

This 2021 *Tao de la Femme Lune* ® Summer Retreat is absolutely dedicated to you if you are a woman on the Path wishing to deepen your connection to your own center, towards the vibration of what feels vital inside. It is open to every woman wishing to open up like flower in the sun of her vibrant, inspired embodied soul!

This year's retreat is specifically made for beginners and intermediate students. It will be a slow and progressive descent, a compassionate and delicate guidance to bring each of us back to the deep peace of our balanced body, to the secret temple, deep inside where we can "come home".

*Fabienne*



# Our program!

**From July 11th 4.00 Pm to 17th 2021 at Noon**

- 6.45 — 7.45 am: Come back to your feminine center as a woman, your pelvis, and breathe ... Awaken, warm up and stimulate your feminine blood flow, the « home » of your delicious sexual Yin Essence — Nourish your bones feeling, lengthen your muscles and tendons during our morning gentle exercises stretching session on the floor.

● 8.00 — 9.30 am: *Breakfast and resource yourself!*

- 9.45 — 11.00 am: The happiness of being a woman: physiology, energy and creativity - Theory and practice — Discover and deepen the Feminine Tao from Puberty to Menopause — *Opening of the Waterpath and Activation of the Youthful Yang* in the feminine sacred intimate body

- 11.15 — 12.15 am: Discover the dancing and tonifying movement of your pelvis and sacrum in Polynesian dance! Activate your blood flow in the ovarian and uterine region!

● 12.30 pm — 3.30 pm: *Lunch and resource yourself!*

- 4.00 pm — 4.45 pm: Train your feminine pelvic floor to become a vibrant, connected root again! Expand your Dan tien (your feminine « cauldron ») in relat with the soft and deep source of wellness of your Kidneys — Make your Jing Essence even stronger!

● 4.45 pm — 5.00 pm: *Tea break*

- 5.15 — 6.45: The Awakening of the Jade Princess — Basic and advanced Jade Egg practices to recover your Kidneys and sexual energy and fill your feminine Celestial Temple, your Uterus, with Love...

● 7.30 - 9.00 pm: *Dinner and resource yourself!*



# Fabienne Flamand



Fabienne is a Master Chia's *Universal Healing Tao System* Senior Teacher.

As she begins to receive from this authentic taoist Grand Master the secrets of internal feminine sexual Alchemy in 1991-1992, it's like love at first sight! Something in herself happens like a revelation and re — connection. She dedicates body and soul to a very diligent practice.

The practice itself will lift for her the veil on the buried treasures of a real methodology, a soft intention to let the secret powers of embodied Femininity emerge from the depth.. It's then obvious to her that she will concentrate on this path and transmit this pure gold to other women.

She begins to realise that some women in modern society have lost their own link to their deep wilderness and freedom: they seem to suffer from a « split » between their psyche and their sexual body. Both of them would need to be re-connected.

Fabienne teaches to many, many women in different places of the world and keeps on exploring and deepening her own training, her own experience of feeling the marvels of what she calls « her re-connection ». In the year 2000, she creates the method of *Le Tao de la Femme Lune* ®.

Becoming a mother of two between 2007 and 2013, she has plenty of opportunities to experiment the strength of her own method to overcome the difficulties of her own woman's life ! "This Tao is a little miracle !" she will repeat many times, laughing in herself...

It's a simple invitation for every woman feeling the call inside, to look in softness towards the inner self, find the fine flower of the creative force there and open herself to it. This will simply guide you to self-realisation. Everything is already there, deep inside the feminine body.



# For our good practical organisation!

**Le Tao de la Femme Lune ® from July 11th to 17th 2019**



The place and how to access to it **LE DOMAINE DU TAILLE – 07200 VESSEaux FRANCE**

<https://www.domainedutaille.com/>

TEL: (+33) 04 75 8710 38

E-mail : [domainedutaille@wanadoo.fr](mailto:domainedutaille@wanadoo.fr)

Facebook: <https://www.facebook.com/domainedutaille>

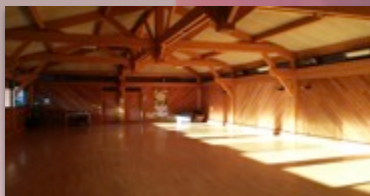


## Expected time of arrival

Your arrival is expected around 17.00 pm on July 11th to allow you to have dinner at 19.30 pm.

Beginning of the seminar on the 11th at 20.30 pm in the Grand Dojo

End of the seminar on July 17th at 12.30 noon



## Teaching fees (do not include accomodation):

**750 Euros — 400 Euros deposit will be requested at reservation**

(If you decide to cancel your reservation: before 4th Mai you'll get full refund / between 4th Mai and 4th June: 200 Euros / After 4th June: no refund — In case of cancellation of the seminar because of Lockdown, you'll get full refund of your reservation)

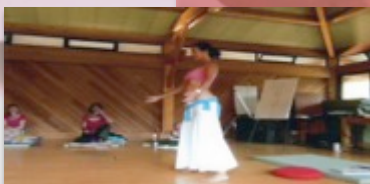


**Accommodation fees :** <https://www.domainedutaille.com/contact/>

Please directly contact *Le Domaine du Taillé* to book your room and board

<https://www.domainedutaille.com/formations-et-stages/recherche/>

Reservations are now open. If you reserve early enough you will have a large choice of rooms, cabins and tents.



## To take with you to the seminar:

- Comfortable clothes you love to wear during your practice and a pareo for dancing
- Your bamboo hitter if you have one (to tonify your bone marrow)
- Your nice Femme Lune journal
- Your Jade Egg if you have one (Jade Eggs will be sold during the workshop)

And a divine massage oil for your breasts

- A bottle of water for the practice
- Your swimming costume for bathing under the stars!

# *To reserve and register*

To Le Tao de la Femme Lune ® from July 11th – 17th 2021



Get all registration modalities by sending an e.mail to Fabienne:

[fabienne@taovivant.com](mailto:fabienne@taovivant.com)

You are very welcome to join our Private Facebook :  
*Conversations de Femmes Lune*

*“Welcome to all of you! It’s an immense joy in  
my heart to meet you or see you again !” ♥*

*Fabienne*